



Trevor Hoskisson has recently been voted Hypnotherapist of the year! He is a Master Practitioner and Trainer of NLP, a Clinical Hypnotherapist, and a Life and Health Coach. He practices at The Harley Street Hypnotherapy Clinic in London and also in the South West. He is also the Psychological Adviser to a leading weight loss company based in Harley Street.

The Psychology of Success

Three sessions over 3 weeks costing £160

Trevor Hoskisson

Everyone, without exception, has a huge potential for happiness and success. Unfortunately due to childhood conditioning and negative life experiences many of us are programmed for failure. This programme is made up of three sessions and is designed to equip you with the latest cutting edge psychological tools and thinking to maximise your performance, not only in your business but in the rest of your life as well.

Session 1 - Wednesday 21st March 2012, 6:30 - 9:00pm

Setting motivating goals; Prioritising your goals; How to use visualisation to achieve your goals; Milestones and Action Steps; The "Illusion of Limited Resources"; The Model of Change, and why you should never beat yourself up for failing.

Session 2 - Wednesday 28th March 2012, 6:30 - 9:00pm

The structure of belief. Limiting Beliefs and Empowering Beliefs. How you can believe anything you want. Creating beliefs that will make it easier to achieve your goals.

Session 3 - Wednesday 4th April 2012, 6:30 - 9:00pm

Values, Rules, and the Six Human Needs. Adopting a value structure for your ultimate success; What motivates you and others; Uncover your hidden rules and always feel good. Understand all human behaviour with these six human needs. Learn why many wealthy people are so unhappy or unfulfilled despite seeming to have it all. Are your needs being met?

To Book Your Place:

Please contact Deborah Seymour:

Phone 01458 844457 email dseymour@strode-college.ac.uk

Or

Complete your name and contact details below and hand into Strode College reception:

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